

PERINATAL MENTAL HEALTH THE NATIONAL TRAINING COURSE 2013

Preventing suffering in this generation and the next

**Carefully planned
comprehensive course...
national expert speakers...
great networking opportunity...
wonderful venue and location**
For more details contact:
Sue Wallis:
coursescentre@gmail.com

Feedback from the 2012 course:
"Brilliant course - would highly recommend"
"Very, very interesting and highly relevant"
"Thank you for the opportunity to be taught so well by such high quality specialists"

20 and 21 June 2013 Winchester Cathedral, UK

**Book early -
always
oversubscribed!**

I wish to attend the two day course on "Perinatal Mental Health 2013: Preventing suffering in this generation and the next" on Thursday, 20 June and Friday, 21 June 2013

I am enclosing a cheque for £320 to reserve a place

Cheques payable to "Mental Health Courses Centre" or pay by bank transfer to our account:

Name: Mental Health Courses Centre **Sort Code:** 40-40-14 **Number:** 32129353 **Reference:** Your name/perinatal 2013

Please invoice my employing authority, who have agreed to pay my fees: Address of employer to be invoiced:

.....
..... Contact/ Tel No

Where did you hear about this course? Advert/Postal notification/Word of mouth/Email

PTO

PERINATAL MENTAL HEALTH 2013: Preventing suffering in this generation and the next

Programme

DAY ONE: LINKING POOR MENTAL HEALTH ACROSS THE GENERATIONS

- 9.30 Registration and coffee
- 10.00 **Introduction**
Dr Alain Gregoire
- 10.10 **Genetics and epigenetics of mood disorders**
Dr Ian Jones
- 11.00 **Antenatal anxiety**
Professor Vivette Glover
- 11.50 **Coffee**
- 12.20 **Childhood trauma and abuse**
Dr Dominic Plant
- 1.00 **Lunch**
- 2.00 **Linking poor mental health across the generations: maternal depression**
Dr Susan Pawlby
- 2.40 **Linking poor mental health across the generations: fathers**
Dr Paul Ramchandani
- 3.30 **Tea**
- 4.00 **Borderline, emotionally unstable, traumatised as a child**
tba
- 4.50 **Conclusions and feedback**
- 5.00 **Close**

DAY TWO: BREAKING THE INTERGENERATIONAL CYCLE

- 9.30 **Enhancing the mother-infant relationship**
Dr Susan Pawlby
- 10.10 **Providing good antenatal and postnatal mental health care to refugees**
Dr Liz McDonald
- 11.00 **Coffee**
- 11.30 **Dealing with domestic violence**
Professor Louise Howard
- 12.20 **Caring for people with drugs and alcohol problems in pregnancy and postnatally**
Dr Judith Myles
- 1.10 **Lunch**
- 2.10 **How perinatal mental health services contribute to breaking the intergenerational cycle**
Dr Roch Cantwell
- 2.50 **Working with commissioners to deliver the Antenatal and Postnatal Mental Health Pathway**
Dr Margaret Oates
- 3.30 **New guidelines for prescribing in pregnancy and breastfeeding**
Dr Alain Gregoire
- 4.20 **Conclusions and feedback**
- 4.30 **Close**

Please tear off the slip and return to: Sue Wallis, Melbury Lodge, Romsey Road, Winchester, Hants. SO22 5DG (Fax: 01962 824875) or email to: coursescentre@gmail.com

Name

Position held

Trust

Address

Tel Mobile Email

May we put your email address on the delegate list to assist networking? Yes/No