

## **Further Information**

APP Survey: Care for severe postnatal illness, satisfaction and recovery outcomes

### **Introduction**

We are conducting a survey into women's satisfaction with the care they received for postnatal illness. You are being asked to complete this questionnaire because you have agreed to receive information from Action on Postpartum Psychosis. If you have received psychiatric treatment, at home or in hospital, we would be very grateful if you would consider filling in this survey. APP's work is funded by Comic Relief, the National Lottery Community Fund, and our generous fundraisers and supporters.

### **What will the findings be used for?**

The survey will help us to suggest ways in which psychiatric services might be improved for other women who experience a severe postnatal episode in the future. We hope it will improve our understanding of the services women need during this period of their lives, to develop information and inform our future campaigning work. The work is also part of our 10-year impact celebration work and will help us understand the way that services and outcomes have changed since APP has existed as a charity.

### **What does it involve?**

Completing a questionnaire online that will take around 30 minutes.

### **Do I have to take part?**

You do not have to complete the survey, and it will not affect any services available from APP.

### **What are the benefits of taking part? What are the risks?**

- By completing the survey you will not gain any direct benefit, however the information you provide will help us understand women's experiences of getting help at this time.
- Some of the questions are of a personal nature and ask about your feelings as you recovered from PP. Please feel free to skip any questions you would prefer not to answer. If the questionnaire raises any issues for you, please get in touch. We can arrange for you to talk to our Lived Experience Coordinators who can explain more about the support and information APP can offer.
- APP is not able to provide crisis support, but you can find information about what to do if you are experiencing a current mental health crisis on our website: [www.app-network.org](http://www.app-network.org).

### **Who else is taking part?**

All women who have joined the Action on Postpartum Psychosis network in the last ten years and who live in the UK will be approached. The survey will also be advertised on social media and with our networks.

**What happens to the information?**

All information you provide is strictly confidential and will be available only to the Action on Postpartum Psychosis team and the researchers working with us. Data provided to researchers helping us to analyse the data will be in anonymous form. Information linking your questionnaire identification number with personal details will be held confidentially and separately by the APP team. The anonymised survey data will be stored and used for this – and future – research. Anonymous quotes, with all personal details removed, may be used in research reports, funder reports, campaigns and public facing information.

Findings will be written up as an APP report and may also be written up for a scientific journal or presented at conferences. The findings will be used to develop information and campaigns to improve services. Findings from the survey will also be used in our 10-year anniversary impact report. Participants will not be identifiable in any report, publication or press article.

You will be able to keep up to date on progress by visiting the APP website and receiving the monthly email newsletter.

**Personal data**

APP is committed to protecting your personal data. If you provide your name, date of birth and contact details, these will be held separately from survey data, stored securely, and only available to the APP team. This information will be used to keep you informed about our work, including events, research and volunteering opportunities. We will never pass on your contact details to anyone without your permission. More information can be found in our privacy policy: [www.app-network.org/privacy-policy](http://www.app-network.org/privacy-policy)

**Further information and contact details**

If you have any questions, suggestions or complaints about this survey or APP's work, we would be delighted to hear from you. Please email [app@app-network.org](mailto:app@app-network.org), or visit [www.app-network.org](http://www.app-network.org).