

Training in postpartum psychosis



Postpartum psychosis workforce training

Managing postpartum psychosis (PP) and bipolar disorder in the perinatal period. This one-day in-depth course is co-delivered by APP's leading clinical/academic experts and APP's experts by experience.

Expert by experience talks

APP experts by experience are available to talk to health professionals at conferences and events, sharing their personal experiences of PP, what helped in their care and recovery, and key PP information.

Postpartum psychosis is the most severe form of postnatal illness.

It affects around 1-2 in 1000 new mothers. It must be treated as an emergency, for the safety of both mother and baby, but with the right treatment and support, recovery is possible.

Postpartum psychosis workforce training

“I thought this training was absolutely excellent. It was invaluable to hear real experiences and I felt confident in the absolute expertise of everyone involved. Whole-heartedly recommend”

This one-day training course is essential for all health and social care professionals working with mothers, infants and families, in the perinatal period. It draws on cutting-edge research in postpartum psychosis (PP) and bipolar disorder and is informed by the real experiences of women and families. The course will develop knowledge, understanding, and confidence in managing this severe form of postnatal mental illness.

The course is co-delivered by APP's leading clinical/academic experts alongside APP's experts by experience. The course includes; the identification and management of postpartum psychosis; the management of bipolar disorder in pregnancy and the postpartum period; understanding risk factors; early symptoms; diagnosis, risk assessment; referral pathways; the experiences, information and support needs of women and their families.

Cost: £3,500 for 24 delegates.

(Includes training resources, a set of APP Insider Guides for each delegate, and travel to your site)

Expert by experience talks

“Your session was so well received and mentioned repeatedly in the evaluations as one of the best parts of the training – so powerful”

“What courage and strength turning such a major life trauma into something so positive and productive”

APP's experts by experience are available to talk to health professionals at conferences and events.

Our experts by experience are trained and supported by APP to share their personal experiences of PP, symptoms, experience of treatment and recovery; what worked well for them and what did not; the impact of PP on their relationship with their baby, family and friends; and essential PP facts, figures and APP information.

Many of our Lived Experience speakers are also APP Peer Supporters, with vast experience of supporting other women and families through PP.

Cost: from £195 plus travel to your site.

For more information, or to book

Email: training@app-network.org

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Web: www.app-network.org/training-on-pp

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